

Khordong Buddhist Association

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RULES OF STAY AT THE DROPHAN LING CENTRE IN DARNKÓW

- Before arriving at the centre, it is necessary to **confirm the availability of places** by phone or email at least 7 days in advance; during courses, registration is mandatory.
- The centre is our common good, **let us take care of it like our own home.**
- Persons staying at the centre are obliged to **clean the room in which they live after themselves**, as well as the common spaces they use, i.e., kitchen, bathroom, hall, etc.
- If everyone **cleans up after themselves**, it will be easier for us to keep everything clean.
- Persons staying at the centre for longer than 1 day are asked to **perform one hour of karma yoga** (work for the benefit of the centre) per day. The scope of work is determined directly with the centre's management, depending on the needs and the skills and preferences of the visitors.
- **Night silence** applies from 23:00 to 7:00. From 22:30, a strict ban on playing music and loud behavior applies.
- **A ban on smoking cigarettes, using intoxicants, and abusing alcohol** applies on the premises of the centre.
- In the gompa, except for tsogs, **a ban on drinking alcohol applies.** A ban on drinking alcohol applies in all buildings on the premises of the centre. The only designated place for consuming alcohol, in moderation, is the campfire site on the lower meadow.
- Outside of courses, the gompa is a place of retreats. Let us try **not to disturb people on retreats.**
- Individual practices using instruments should be done in such a way that they **do not disturb others** - please make arrangements with other practitioners.
- **Animals** staying on the premises of the centre must not disturb the peace of other people. Owners must ensure this and also clean up after them. Dogs should be kept on a leash.
- **Cars should be parked in the parking lot** near the gompa. Residents of the camping field may park cars next to their trailers, but only in such a way that they do not disturb others and do not block access roads and important places.
- It is not allowed to park cars at the dormitories and near the dining room; only a delivery vehicle may park in front of the kitchen.
- Persons not respecting the above rules will, after a second warning, be removed from the centre without a refund of fees for the stay or course.

ADDITIONAL INFORMATION RELATED TO THE STAY AT THE CENTRE:

- You should bring a **sleeping bag or bedding with you**; the centre only provides beds with mattresses.
- Outside of courses, the centre does not provide meals. Visitors have a **fully equipped kitchen** at their disposal, but they must take care of shopping and preparing meals themselves.
- In winter, due to the location and weather, access to Dropan Ling is difficult or even impossible without a 4-wheel drive vehicle, and due to high heating costs, in winter, there are only 12 degrees in the gompa building and there is no hot water.
- Please take this into account when planning your arrival at the centre.